FROM THE FIRST TOOTH Improving the Oral Health of Maine's Children

About Us

From the First Tooth (FTFT) is a statewide pediatric oral health initiative that aims to improve the oral health of Maine's children by increasing access to preventive dental services within their medical home. For the last 10 years, FTFT has worked to integrate oral health evaluations, fluoride varnish, parent / caregiver education, and referrals to a dentist into the well-child visit for children ages 6-months through 5-years.

Technical assistance provided by FTFT Program:

Practice Readiness Documentation

- Process Mapping
- Staff Training Based on Smiles for Life Curriculum
- Educational Materials for Parents & Caregivers in Multiple Languages
- Assistance with Drafting Utilization Reports

CONTACT US!

MHFirstTooth@mmc.org



Visit our website:

fromthefirsttooth.org

Lyvia Gaewsky Program Manager 207-662-6309 Igaewsky@mainehealth.org

Kellie Stanhope Program Coordinator 207-973-6855 kstanhope@northernlight.org

Karissa Cass Program Coordinator 207-661-7299 kcass@mainehealth.org

Order free patient education and practice materials: fromthefirsttooth.org/contact/order-materials

From the First Tooth integrates 4 components into primary care:

- 1 Oral Evaluation
- **?** Fluoride Varnish Application
- 3 Health Education for Parents
- 4 Referral to a Dentist



Did You Know?

The U.S. Preventive Task Force recommends that primary care clinicians apply fluoride varnish to the primary teeth of infants and children starting when the first tooth erupts. These recommendations are also supported by the AAP, AAPD and ADA.

Early Childhood caries (tooth decay) is the **most common** chronic childhood disease.



Dental caries are 5x more common than asthma





Primary care medical

children

practices that see Maine